



RinoArrabida 2019

Rhinoplasty

25th, 26th, 27th January, 2019

Hospital da Luz Arrábida and Hotel Ipanema Park

Program

January 25

08h30 Registration

09h00 **Opening ceremony**

Session 1

Introduction to rhinoplasty

Chairmen: Artur Condé | Ferreira Moreira

09h30 **Rhinoplasty - Historical review**

João Bacelar

09h45 **Rhinoplasty counseling, understanding the very beginning**

José Carlos Neves

10h00 **Modern analysis and evaluation of the rhinoplasty patient**

Diogo Carmo

10h15 **Adaptation of Fibonacci concept to rhinoplasty**

Emre Ihan

10h30 Coffee break

Session 2

Approaches in rhinoplasty

Chairmen: Delfim Duarte | Dunja Milicic

11h00 **Proper anesthesia technique for rhinoplasty**

Regan Thomas

11h15 **Endonasal approaches step-by-step**

João Bacelar

11h30 **Open approach step-by-step**

Roxana Cobo

11h45 **Delivery approach - Some tricks**

João Bacelar

12h00 **Structural approach in rhinoplasty**

Roxana Cobo

12h15 **Dynamic rhinoplasty - A new approach**

Diogo Carmo

12h30 **Surgical and non-surgical approaches for the thick skin patient**

Roxana Cobo

12h45 **Discussion**

13h00 Lunch

Session 3

The bony pyramid

Chairmen: Ezequiel Barros | João Fernandes

14h00 **New concepts in sculpting the bony framework**

Emre Ihan

14h15 **Preservation rhinoplasty**

João Bacelar

14h30 **Open preservation rhinoplasty**

Emre Ihan

14h45 **Correcting the crooked nose**

Regan Thomas

15h00 **Osteotomies**

João Bacelar



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15h15 Nasal profile

Lídia Guimarães

15h30 Videoclip | Spreader graft placement for the twisted nose

Regan Thomas

15h35 Discussion

15h45 Clinical case

Rui Xavier

16h00 Coffee break

Session 4

Functional rhinoplasty

Chairmen: Jorge Spratley | José Abrunhosa

16h30 Nasal airway evaluation

Rui Xavier

16h45 Nasal valve collapse

Rui Pratas

17h00 Bilateral pediculated septo-nasal flap for repair of large septal perforations

Sousa Vieira

17h15 Videoclip | Extracorporeal septoplasty in children

Carlos Neves

17h20 Videoclip | Angulated dome defining sutures

Roxana Cobo

17h25 Videoclip | Rim grafts

Sousa Vieira

17h30 Discussion

17h45 Clinical case

Eduardo Yap

18h00 End of day 1

January 26

Session 5

Surgical techniques in rhinoplasty

Chairmen: Carlos Macor | Ângelo Fernandes

08h30 Videoclip | Sail excision for hanging ala

Eduardo Yap

08h35 Videoclip | Auricular cartilage harvesting for rhinoplasty

Rui Xavier

08h40 Videoclip | Superiorly pediculated SMAS-Ligament flap to control supratip

Roxana Cobo

08h45 Gel of cartilage, when and how to use

Carlos Neves

09h00 PolyCaproLactone mesh: a new absorbable graft in structural rhinoplasty

Eduardo Yap

09h15 Alloplastic implants vs autogenous grafts

Regan Thomas

09h30 Costal cartilage harvest and use in revision rhinoplasty

Emre Ihan



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09h45 Rhinoplasty in cleft lip patients

Eduardo Yap

10h00 Videoclip | Partial costal cartilage harvesting for rhinoplasty

Rui Xavier

10h05 Discussion

10h15 Clinical case

Regan Thomas

10h30 Coffee break

Session 6

The nasal tip

Chairmen: Luisa Monteiro | Ricardo Pereira

11h00 Balance and beauty of the nasal tip

Lídia Guimarães

11h15 Nasal tip correction dynamics

Regan Thomas

11h30 Tip correction with sutures

Fausto Fernandes

11h45 Suture control of the lower lateral crura

Carlos Neves

12h00 Cephalic malposition of the lower lateral crura

Rui Xavier

12h15 Combining preservation techniques to treat the bulbous nasal tip

Roxana Cobo

12h30 Videoclip | Surgical treatment of a gigantic rhinophyma

Diogo Carmo

12h35 Discussion

12h45 Clinical case

Roxana Cobo

13h00 Lunch

Session 7

The middle vault

Chairmen: Carlos Ribeiro | Hugo Amorim

14h00 Correcting the overly wide middle vault

Regan Thomas

14h15 e-PTFE as dorsal augmentation material

Eduardo Yap

14h30 Diced cartilage in profileplasty

Sousa Vieira

14h45 Dorsal augmentation with diced cartilage with fibrin glue

Roxana Cobo

15h00 Safe hump resection

Sousa Vieira

15h15 The nasal hump and the ideal profile, preserving or rebuilding

Carlos Neves



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15h30 Videoclip | **Costal cartilage dorsal augmentation**

Emre Ihan

15h34 **Discussion**

15h45 **Clinical case**

Emre Ihan

16h00 Coffee break

Session 8

Pearls of wisdom

Chairmen: Marques dos Santos | Paulo Ribeiro da Silva

16h30 Videoclip | **Soft tissue excision in bulbous tip**

Eduardo Yap

16h35 Videoclip | **Lateral crura flap technique**

Regan Thomas

16h40 Videoclip | **Minor revisions: what I do**

Emre Ihan

16h45 **Long term complications in rhinoplasty**

Eduardo Yap

17h00 **Satisfaction in rhinoplasty - Much more than only the nose**

Diogo Carmo

17h15 **Pearls for a successful rhinoplasty**

Rui Xavier

17h30 **Adjunctive procedures to improve results after rhinoplasty**

Diogo Carmo

17h45 **Discussion**

18h00 End of day 2

January 27

08h30 **Rhinoplasty techniques demonstration**

09h00 **Dissection**

10h30 Coffee break

11h00 **Rhinoplasty techniques demonstration**

11h30 **Dissection**

13h00 End of session

Organization:

Rui Xavier | Ferreira Moreira

Theoretical Session

REGISTRATION FEE | **250€** Otorhinolaryngologists • **200€** Residents

REGISTRATION LINK | <https://learninghealth.up.events/e/RinoArrabida-2019>

The payment method is indicated in the online registration form

Hospital da Luz Arrábida • hospitaldaluz.pt/arrabida

Praceta Henrique Moreira, 150 • 4400-346 Vila Nova de Gaia • T. 223 776 800 • E. learninghealth@up.events

Theoretical and practical session

REGISTRATION FEE | **800€** Otorhinolaryngologists • **750€** Residents